

garden starts - cool-season plant notes

Salad Greens (cut again & again)	Veggies (harvest entire plant)	Herbs	Plant Name	Plant ID	Notes	max plants per one ft ²	max plants per two ft ²
x			Rocket Arugula	AruR	partial to full sun, young leaves are mild, older leaves are spicy	4	8
x	x		<i>Early Wonder Beet</i>	<i>BeeW</i>	can harvest 1-2 leaves at a time allowing the root to grow	4	9
	x		<i>Waltman 29 Broccoli</i>	<i>BroW</i>	side dress with fertilizer, freeze chopped leaves to cook later	<i>needs >1 ft²</i>	1
	x		<i>Long Island Improved Brussels Sprouts</i>	<i>BruL</i>	side dress with fertilizer, protect young plants from frost	<i>needs >1 ft²</i>	1
	x		<i>Golden Acre Cabbage</i>	<i>CabG</i>	new heads will form if bottom leaves are left after first pick	1	2
	x		<i>Red Acre Cabbage</i>	<i>CabR</i>	new heads will form if bottom leaves are left after first pick	1	2
	x		<i>Early Snowball Cauliflower</i>	<i>CauS</i>	tie leaves over head to protect from sun, harvest entire plant	1	2
x			<i>Fordhook Swiss Chard</i>	<i>ChaF</i>	harvest outer leaves at base, allow inner to grow	2	4
x			<i>Pak Choy</i>	<i>ChoP</i>	harvest older leaves allowing the younger to grow	1	2
x			<i>Georgia Collard Greens</i>	<i>ColG</i>	harvest leaves from bottom of stalk, allow top to grow	1	2
		x	Bouquet Dill	DilB	Fast growing, early, prolific	1	2
		x	Mammoth Island Dill	DilM	Sweetest available, 4 feet tall	1	2
x			Endive Frisee	EndF	harvest outer leaves at base, allow inner to grow	1	2
		x	<i>Finocchio Fennel</i>	<i>FenF</i>	minimize disruption of roots when planting	1	2
x			Lacinato Kale	KalL	can grow year-round in some locations	1	2
x	x		Purple Vienna Kohlrabi	KohP	harvest young for best flavor when bulb smaller than 2"	2	4
x			Black-Seeded Simpson Looseleaf Lettuce	LetB	protect from frost	2	4
	x		Parris Island Cos Romaine Lettuce	LetP	10" stalks, harvest entire plant	1	2
x			Southern Giant Curled Mustard	MusG	grows fast and tolerant to extreme conditions	1	2
		x	Curled, Forest Green Parsley	ParF	Best fresh for salads	1	2
		x	Italian Flat-leaf Parsley	ParI	Best for drying	1	2
x			Bloomsdale Long Standing Spinach	SpiB	grows fast, hardy, slow to bolt	4	9
	x		Golden Globe Turnip	TurG	harvest entire plant, root and leaves can be eaten	4	9

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